



george mendes



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## Starchefs Congress

📅 *September 18th, 2008*



This past weekend I attended the 3 rd annual Starchefs Chef's Congress . It is always a great time to catch up with my friends and chef colleagues. This year was extremely inspirational with fantastic demos and lectures by Heston Blumenthal, Charlie Trotter, Daniel Boulud, Rene Redzepi, Joan Roca with Candido Lopez, and a great finale by Grant Achatz. I left with a very strong sense of nature, our earths bounty, a reminder of my first introduction to the smell of greatly prepared food, and a strong desire to re-dig into my heritage and express it through cooking.....

soon enough on 17th street.....

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